

# The 7 Habits<sup>®</sup> Tree

AND REMEMBER TO  
TAKE CARE OF YOURSELF

**Habit 7**

**SHARPEN THE SAW<sup>®</sup>**  
Balance Feels Best

THEN PLAY WELL  
WITH OTHERS

**Habit 6**

**SYNERGIZE<sup>®</sup>**  
Together Is Better

**Habit 5**

**SEEK FIRST TO UNDERSTAND,  
THEN TO BE UNDERSTOOD<sup>®</sup>**  
Listen Before You Talk

**Habit 4**

**THINK WIN-WIN<sup>®</sup>**  
Everyone Can Win

START WITH YOU

**Habit 3**

**PUT FIRST THINGS FIRST<sup>®</sup>**  
Work First, Then Play

**Habit 2**

**BEGIN WITH  
THE END IN MIND<sup>®</sup>**  
Have a Plan

**Habit 1**

**BE PROACTIVE<sup>®</sup>**  
You're in Charge

